

# Instant Sociable Session

## A Golden Opportunity

I am a great believer in the privilege of small group leadership. No one else is likely to gather your group this week and ask them, “What’s actually going on in your life and what is God teaching you at the moment?” This session takes no planning or tricky preparation of any sort, just pens, paper and active, reflective listening.

You will need: pen and paper for each group member.

- 1) Welcome your group with a cup of tea or coffee, and make yourselves comfortable.
- 2) Open in prayer: invite God into your conversations and listening tonight.
- 3) Give each member of your group a piece of paper and a pen. Ask them to jot notes down to the following questions:
  - a. What are you walking through in life right now?
  - b. How is this experience affecting your relationship with God?
  - c. How could your small group help to support you through this?  
(Perhaps in prayer, or by texting / calling / visiting / offering transport support etc)
- 4) Read Proverbs 3:5-6 to the group.
- 5) Pray for one another about anything that’s arisen this evening.



- 6) Close with two minutes of corporate silence, listening for God's voice. To help with the silence, encourage each group member to choose a characteristic of God that they would like to know more deeply, ie, love or peace. Don't share these words – choose them in the silence of your thoughts. Encourage them to use the word as an anchor for those times when their mind wanders, to pull them back to the Lord.

This level of pastoral care could make a tremendous difference to the lives of those in your group: what a privilege you have in being the person who can ask these questions and bless others in this way, moving them on in their walk with the Lord and their active role as part of the body of Christ.

