

Instant Arty Session

Growing up with Jesus: The Tree of Me

You will need:

A3 sheets of paper, one per person in the group

Coloured felt-tip pens

Open in prayer, asking God to bless your time together, to draw you closer to one another and to himself, and to minister to each as is needed tonight.

In the centre of your page, draw a small circle. In it, write where you were born. Draw a ring around it, and in that ring, write where you went to school.

Keep drawing rings around each circle, working your way out until you have what looks like a tree trunk in cross section. In each ring, write things you remember through your lives - here's a list of prompts:

Sibling born

Moving house

Changing schools

First girl / boyfriend

Got engaged

Went to university

Left home

Got married

Got divorced

First child born



Not everything that people remember will be happy – and it's important to acknowledge that life isn't all ice cream and cupcakes.

Take some time to look over your different trees, to talk about the experiences you have had.

Encourage each member of your group to return to their own tree, and to look at the rings with a question in mind: can I see God's hand in any of these events? Ask them to make a note of any way in which they have known God at work in their lives.

Take some time to look again at each-others' trees, and to talk about those times you've written about.

Pray, either in pairs or as a group, in response to the things you've noted down this evening.

